

## BODY CARE

### Massage reflets de soie (ladies)

A delicate treatment combining specific hand massage techniques with the softness of silk scarves, for a unique sensory journey.

60 min\* 98.00 €

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### Grand massage gourmand

Soothing massage of the entire body combining massage oils with deep movements that awaken the senses for a unique moment of well-being.

60 min\* 98.00 €

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### Grand Rituel Gourmand

« Grand massage gourmand » followed by either reflexology or cranial massage.

90 min\* 145.00 €

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### Balade gourmande

Delightful and sweet body scrub followed by the « Grand Massage Gourmand»

90 min\* 145.00 €

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### Gourmandise

Sweet fragranced body scrub followed by a moisturising body wrap.

60 min\* 98.00 €

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### Massage sportif esprit golf (gentlemen)

A sporty, stimulating, rhythmical massage to enjoy before or after physical effort. The massage oil with dynamising aromas relaxes the muscles with a combination of totally new movements : deep manual techniques and targeted massage of strategic areas of tension with the golf ball.

60 min\* 98.00 €

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### Balade tonique

Invigorating and nourishing scrub, followed by a complete body massage with a citrus fruit fragranced oil.

90 min\* 145.00 €

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### L'escapade tonique

A genuine emergency treatment to relieve muscular fatigue in the back. After a gentle and invigorating exfoliation with Lemon Peel, a long-lasting aromatic massage will release any tension.

60 min\* 98.00 €

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### Rituel Tonique

« Escapade tonique » followed by either reflexology or cranial massage

90 min\* 145.00 €

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### Grand soin détox

Invigorating and nourishing scrub with lemon peel and body wrap with green, black and red tea extracts followed by a complete body massage with fresh fragrance of citrus oil.

120 min\* 195.00 €

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### **Massage élixir de bougie**

Cocooning massage for complete body relaxation. The candle diffuses relaxing aromas and offers an exceptional massage elixir for a unique sensorial experience.

60 min\*

98.00 €

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### **Escapade Bien-être**

Relaxing body and facial treatment according to your needs.

90 min\*

145.00 €

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### **Massage aux pierres chaudes**

This massage is distinguished by the use of black basalt volcanic pebbles which are placed on the points of tension along the meridians of the body to relieve them.

90 min\*

145.00 €

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All our massages and treatments are non-medicalized. They are aesthetic massages, wellness and not therapeutic.

\*The duration of the treatment includes your time to change, which is estimated to be about 10 min. We require 48 hours cancellation notice prior to your scheduled treatment to avoid any cancellation charges.